

Soccer School

Age Group: 9 - 12 years old

A session with the focus on more small-sided street games, aiming at improving the technical ability of each participant.



TUESDAY

Toryglen Regional Football Centre 7.00pm - 7.45pm

WEDNESDAY

Tollcross ISC 5.45pm - 6.30pm

THURSDAY

Toryglen Regional Football Centre 7.00pm - 7.45pm

SATURDAY

Glasgow Club Scotstoun 10.00am - 10.45am

1-to-1 Football Coaching



Age Group: All Ages

Offering participants of all ages and abilities the opportunity to train and learn in a Professional Academy style environment at Toryglen Regional Football Centre, with 1 to 1 expert coaching tuition. Contact the football development team for more information.

Girls Only



Age Group: 6 - 12 years

A session providing girls the opportunity to improve their individual skills and technical development whilst having fun and making new friends.

THURSDAY

Toryglen Regional Football Centre 6.00pm - 6.45pm

BOOKINGS:

Sessions are £4 and are booked as pay as you go up to 7 days in advance either through the **Glasgow Club App** or direct with venues themselves using the following numbers.

Glasgow Club Bellahouston
 Glasgow Club Castlemilk
 Glasgow Club Gorbals
 Glasgow Club Kelvin Hall
 Glasgow Club Maryhill
 Glasgow Club Scotstoun
 Glasgow Club Tollcross
 Toryglen Regional Football Centre

0141 276 0767
 0141 276 0725
 0141 276 1490
 0141 276 1450
 0141 276 5300
 0141 276 1620
 0141 276 8282
 0141 276 0570

Para Football



Age Group: 6 - 12 years old

A session providing skill and fitness-focused football training sessions for kids who have a wide range of additional support needs including physical, learning and sensory disabilities.

TUESDAY

Toryglen Regional Football Centre 6.00pm - 6.45pm

Football for Kids



For further information on any of our sessions:
 Tel: **0141 287 8931**
 Email: football@glasgowlife.org.uk
www.glasgowlife.org.uk/sport/football

Glasgow Life, registered as Culture and Sport Glasgow, is a Scottish Charity (No SC037844) regulated by the Scottish Charity Regulator (OSCR).

Live an active
Glasgowlife

Tiny Tots

Age Group: 18 months – 3 years old

A parent and child session delivered using themed based story telling in a creative style, encouraging a love of football and exercise as well as giving the child and parent the opportunity to mix as part of a group.



Mini Kickers

Age Group: 4 – 5 years old

A session delivered using themed based story telling in a creative style that supports the child to develop their fundamental movement and motor skills, whilst having fun.



Creative Player

Age Group: 6 – 8 years old

A session delivered to support improving the technical ability of each participant focusing on individual skill development and small group play.



MONDAY

Glasgow Club Kelvin Hall 9.45am – 10.15am & 10.30am – 11.00am

THURSDAY

Glasgow Club Scotstoun 10.15am – 10.45am & 11.00am – 11.30am
Toryglen Regional Football Centre 5.15pm – 5.45pm

SATURDAY

Glasgow Club Gorbals 11.00am – 11.30am
Glasgow Club Tollcross 9.00am – 9.30am

SUNDAY

Glasgow Club Castlemilk 10.00am – 10.30am
Glasgow Club Scotstoun 9.00am – 9.30am, 9.45am – 10.15am & 10.30am – 11.00am

MONDAY

Glasgow Club Maryhill 4.30pm – 5.15pm

TUESDAY

Toryglen Regional Football Centre 6.00pm – 6.45pm

WEDNESDAY

Glasgow Club Tollcross 4.45pm – 5.30pm
Glasgow Club Bellahouston 4.00pm – 4.45pm

THURSDAY

Toryglen Regional Football Centre 6.00pm – 6.45pm

SATURDAY

Glasgow Club Gorbals 10.00am – 10.45am
Glasgow Club Tollcross 9.45am – 10.30am

SUNDAY

Glasgow Club Castlemilk 10.45am – 11.30am
Glasgow Club Scotstoun 9.00am – 9.45am & 10.00am – 10.45am

MONDAY

Glasgow Club Maryhill 5.30pm – 6.15pm

TUESDAY

Toryglen Regional Football Centre 7.00pm – 7.45pm

WEDNESDAY

Glasgow Club Bellahouston 5.45pm – 5.45pm
Glasgow Club Tollcross 5.45pm – 6.30pm

THURSDAY

Toryglen Regional Football Centre 7.00pm – 7.45pm

SATURDAY

Glasgow Club Gorbals 9.00am – 9.45am
Glasgow Club Scotstoun 9.00am – 9.45am
Glasgow Club Tollcross 10.45am – 11.30am

SUNDAY

Glasgow Club Castlemilk 11.45am – 12.30pm
Glasgow Club Scotstoun 11.00am – 11.45am